



Building Faith@HOME

1st Reading: 1 Kgs 19:4-8
Responsorial: Ps 34:2-3, 4-5, 6-7, 8-9
2nd Reading: Eph 4:30—5:2
Gospel: Jn 6:41-51

August 8, 2021



19th Sunday in Ordinary Time:

We are now on the third week of readings from John's "Bread of Life" discourse. Today's emphasis is on the phrase "bread from heaven." This event is taking place near the time of the Jewish Passover in which the Jewish community is very aware of the story of their ancestors wondering in the wilderness, relying on God providing them with manna, or "bread from heaven." The Jewish community seems offended by Jesus' claim. But John has been bringing a deeper level of understanding of what Jesus means by "bread" through this discourse, moving from a literal and material sense of food to the bread that is the work of faith, to now the bread that is Jesus himself. The reading ends with "the bread that I will give is my flesh...." Though there are some eucharistic hints here, the word "flesh" (sarx in Greek translation) refers to Jesus' humanity, his way of being in the world and his self-gift to the world. This is his mission, a consequence of the Father's love for the world (John 3:16), that will lead him into his death and resurrection for the life of the world. How this relates to the Eucharist will be further revealed as we listen to more of the "Bread of Life" discourse over the next two Sundays. Stay tuned!

† Give us this day our daily bread! †

Question for Children: Name one way that your faith nourishes you? How does it help your life?

Question for Youth: Bread nourishes us physically, and Jesus as the living bread nourishes spiritually. How can you be more open to Jesus and the ways that he can feed you?

Question for Adults: What nourishes your life? What does the phrase "living bread" mean for you?

(Lifelongcatechesis.osv.com)

Love God, serve God; everything is in that. - St. Clare

You Tube Ordinary Time 19B



Where in the world... FLY around the diocese to find the Traveling Icon and learn more about our diocese!

A GOOGLE EARTH ACTIVITY

August 7- August 14

August 12 is the peak of the Perseid Meteor Shower. As a family, have a "star-gazing" night this week. Pondering the immensity of the cosmos in relation to our miniscule presence on earth is another gateway into conversation about God's vastness and our gratitude. For the beauty of the night sky.

YouCat App for Teens



Download the YouCat app on your smartphone and have access to daily readings, reflections, daily challenges and more. Spend 5 minutes with God each day and grow in your faith!

Pray with the Saints!

St. Lawrence, August 10
St. Clare, August 11
Saint Maximilian Kolbe, August 14

God dwells in our midst, in the Blessed Sacrament of the altar.

-St. Maximilian Kolbe

Saint of the Week - St. Clare



Did you know that St. Clare was designated the patron saint of TV by Pope Pius XII in 1958? When St. Clare was very ill, she could not attend mass and was reportedly able to see and hear it on the wall of her room!

This past year, the streaming of Mass enabled the faithful to see and hear the Mass. What a gift this was and how grateful we are to now be able to gather once again to share the Eucharistic banquet.

Links for More Ideas, Activities & Resources FYI

- Teachingcatholickids.com - Mass with kids: 25+ strategies for a better experience (Children's Faith Builder)
- youtube.com - I am Bread of Life (Teen Faith Builder)
- 4catholiceducators.com - Crossword Puzzle "I am the Bread of Life" (Children's Faith Builder)
- catholic.org/saints - St. Clare (All ages Faith Builder)
- catholiccuisine.blogspot.com - St. Clare Cheesecake (All ages Faith Builder)



Our website RCfaithquest.syrdio.org

The Month of August
The Immaculate Heart of Mary